

CONTENTS

Foreword by Chris Lowney	xi
Introduction	xv
How to Use This Book.	xix
Prayer and Productivity	1
The 1st Habit: Passion and Pursuit	11
The 2nd Habit: Presence	27
The 3rd Habit: Preparation and Planning	43
The 4th Habit: Persistence and Perseverance	59
The 5th Habit: Pondering	73
Conclusion: Progress over Perfection	81
Acknowledgments	85
Notes	87
Recommended Resources	93