

Name \_\_\_\_\_

Date \_\_\_\_\_

***Meeting Jesus in the Sacraments***  
Chapter 1 Directed Reading Worksheet  
*The Church and the Sacramental Economy of Salvation*

**Directions:** Read through the chapter and fill in the missing information. All the questions run sequential to the chapter. If a true/false statement is false, correct it.

**Introduction: *Jesus Christ and the Sacramental Life of the Church* (pp. 3–6)**

1. According to St. \_\_\_\_\_ of Hippo, the sacraments are: “visible signs of invisible \_\_\_\_\_.” Jesus Christ is the living, ever-present sacrament of \_\_\_\_\_, and only in understanding the sacramentality of \_\_\_\_\_ can we come to understand the meaning, signs, and \_\_\_\_\_ of the Seven Sacraments. Sacraments make the \_\_\_\_\_, visible.
  
2. Explain the insight we gain from the story about the young child awakened by thunder.
  
  
  
  
  
  
  
  
  
  
3. True or False? When Christ ascended to the Father, he did so with his divine nature, but not his human nature.
  
  
  
  
  
  
  
  
  
  
4. True or False? The sacramental economy—the sacraments and liturgy—are the way Christ makes himself and his saving graces present to us on earth.
  
  
  
  
  
  
  
  
  
  
5. Like Jesus Christ himself, the \_\_\_\_\_ are mysteries so rich, deep, and \_\_\_\_\_, they cannot be easily captured or expressed in limited human \_\_\_\_\_. Human language and speech are \_\_\_\_\_ of expressing completely the mystery of the \_\_\_\_\_, as well as the sacraments.
  
  
  
  
  
  
  
  
  
  
6. What is the hypostatic union?
  
  
  
  
  
  
  
  
  
  
7. True or False? Although in Jesus there are two divine natures, he was human like every human.

8. True or False? When Jesus became man, he ceased to be God.
9. True or False? Jesus' very humanity appeared as a sign and instrument of his divinity and of the salvation he brings.
10. True or False? Jesus says that he, himself is the only way to God the Father.
11. \_\_\_\_\_ established the Church on the foundation of the \_\_\_\_\_ and instituted the Seven Sacraments so that his \_\_\_\_\_ could administer them, and he could be \_\_\_\_\_ to her always. These seven mysteries are \_\_\_\_\_—they produce a desired effect—only because Christ himself is \_\_\_\_\_ in and through them.
12. True or False? The Church continues Christ's work of perfectly worshipping the Father and making redeeming grace available through the Seven Sacraments.

**Section 1: *The Church, the Universal Sacrament of Salvation* (pp. 8–13)**

13. True or False? According to the CCC, it is Christ who acts in the sacraments.
14. The \_\_\_\_\_ makes Christ present in the \_\_\_\_\_ today. She is the universal sacrament of \_\_\_\_\_ because Christ works through her. It is he who acts through the \_\_\_\_\_ to communicate his grace to all. Christ is the sacrament of \_\_\_\_\_ and the Church is the sacrament of \_\_\_\_\_ in human history. The Church is a \_\_\_\_\_ to the world because she \_\_\_\_\_ the light of Christ.
15. Explain how the Church herself meets the definition of a sacrament.
16. Briefly explain the Scripture passages that reveal how the Church was empowered by Christ.

17. True or False? The Church's divine mission is to complete Christ's mission by bringing Catholics into communion with the Blessed Trinity.
18. True or False? Through some of the sacraments, we are united to Christ's Passion and glorification.
19. \_\_\_\_\_ with Christ is the Church's main \_\_\_\_\_ for existing. Through our participation in the Church—especially due to the \_\_\_\_\_ of the sacraments—we are in communion with Christ and to other \_\_\_\_\_ of the Body of Christ, including all members, both living and \_\_\_\_\_. Indeed, the Church is the \_\_\_\_\_ sign of the communion in Christ between God and men.
20. How does the *CCC* define the Communion of Saints?
21. True or False? The Communion of Saints is the Church.
22. What spiritual goods are shared in communion with all the members of the Church?
23. True or False? There is a communion of all holy people: the Church in heaven and the Church on earth.
24. What is the Church's missionary mandate?
25. True or False? The mark of the catholicity of the Church means all Catholics share a communion with other member of the Church, others who believe in Christ, and all humankind who are called to salvation by God's grace.
26. Explain why Catholics must see all people as part of the human family. What implication does this suggest about those who suffer?

**Section 2: *The Sacraments Transform the Church and the World* (pp. 14–18)**

27. God desires that the whole \_\_\_\_\_ form one Body of \_\_\_\_\_, built up into one \_\_\_\_\_ of the Holy Spirit. Consequently, the Church is the \_\_\_\_\_ sacrament of salvation and the \_\_\_\_\_ Christ uses for the salvation of all people. She has the power to \_\_\_\_\_ the world and, although this transformation has already begun, the Church is also a \_\_\_\_\_ and instrument of the \_\_\_\_\_ that has yet to be realized.

28. True or False? At our first Confession, we are incorporated into the Church and become a member of the Body of Christ.

29. True or False? Through Baptism we receive the right to receive the other sacraments and are given the responsibility to share the faith with others.

*Identify the sacrament described below based on Lumen Gentium.*

30. Enables priests, deacons, and bishops to “feed the Church in Christ’s name”

31. Strengthens the suffering members of the Church

32. Causes our rebirth as sons and daughters of God

33. Strengthens us by the Holy Spirit to act as true witnesses of Christ in the world

34. Acts as a sign of the unity between Christ and his Church

35. Signifies and wondrously brings about the unity of the people of God

36. Restores unity with God and his Church

37. Briefly explain how our participation in the Church helps us participate in Christ’s mission as *priest*.

38. Briefly explain how our participation in the Church helps us participate in Christ's mission as *prophet*.

39. Briefly explain how our participation in the Church helps us participate in Christ's mission as *king*.

40. Duties of the \_\_\_\_\_ priesthood include \_\_\_\_\_ God at all times and places by our holy actions. It means attaining personal \_\_\_\_\_ through God's grace, a \_\_\_\_\_ in the actual life and love of the \_\_\_\_\_. Finally, it means helping others to grow in holiness and forming a \_\_\_\_\_ by infusing the three theological virtues of faith, hope, and \_\_\_\_\_, in our lives.

41. True or False? One of the ways we act as priest is by encouraging others to persist in faith despite times of discouragement and confusion.

42. True or False? The primary place the laity carry out their prophetic mission is within the Church herself.

43. True or False? From the life of Jesus, we can see that true royalty seeks to serve others, particularly the poor and suffering.

**Section 3: *Breaking Open a Definition of the Sacraments* (pages 19–21)**

44. Write the definition of a sacrament from the Catechism of the Catholic Church below.

45. True or False? Grace is the free and undeserved help that God gives us in order for us to participate and collaborate in his work.

46. The sacraments are rooted in \_\_\_\_\_ and traceable to him. Indeed, the sacraments are his \_\_\_\_\_ presence in the Church. They celebrate the \_\_\_\_\_—his Passion, Death, Resurrection, and Ascension—that brought about our \_\_\_\_\_. In each \_\_\_\_\_ Christ dispenses the \_\_\_\_\_ of the Paschal Mystery. In them, his saving actions are made \_\_\_\_\_.

47. Explain the meaning of the “sacramental economy.”

48. True or False? God really becomes present to us in the sacraments.

49. In the sacraments, God takes the initiative of being \_\_\_\_\_ and we, in turn, open our hearts to the divine through \_\_\_\_\_ and accepting God’s \_\_\_\_\_ as the truth on which we base our \_\_\_\_\_. Sacraments are \_\_\_\_\_ signs that confer the grace that the \_\_\_\_\_ rite of the sacrament signifies. In them, God invites us to enter into \_\_\_\_\_ with him as well as all the others who are \_\_\_\_\_ the sacrament.

50. Briefly explain the four dimensions of each sacrament.