



Daily Devotions for Lent 2018

By Ann M. Garrido

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Also available as an eBook.

"This little book of devotions, containing five easy steps for each day of Lent, is a true game-changer for busy people who desire intimacy with God in this holy season of repentance."

Very Rev. David G. Caron, O.P.

Vicar of Evangelization
Archdiocese of New Orleans

BOOK ANNOUNCEMENT

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DAILY REFLECTION AND PRAYER DEEPEN MEANING OF THE LENTEN SEASON

NOTRE DAME, Ind.—Award-winning author and preaching expert Ann M. Garrido acts as a guide through Lent to help Catholics reflect on and explore the themes of the most solemn season of the Church year. At the end of the forty days, readers will come away with a deeper conversion of heart than ever thought possible.

Daily Devotions for Lent 2018 includes two-page devotions for every day of Lent, from Ash Wednesday to Easter Sunday. Each entry offers brief Bible verses, prayers, an insightful reflection on the Gospel readings by Garrido, and specific, easy-to-follow exercises to lead readers prayerfully through the season of repentance to the joy of Easter.

The Living Gospel series of devotionals for Lent and Advent offer spiritual insight and practical wisdom from popular Catholic preachers, speakers, and homilists. A new voice each season and a simple, five-step format invite Catholics to hear and embrace the living Word of God. Each devotion can be as brief as five minutes or can be extended by silent prayer and meditation.

Since the series' launch in 2013, The Living Gospel devotionals have sold more than 100,000 copies. Their compact size and affordable price make the series attractive for bulk purchase in parishes, schools, health care settings, and other Catholic organizations.

ABOUT THE AUTHOR

Ann M. Garrido is associate professor of homiletics at Aquinas Institute of Theology in St. Louis, Missouri. While her first passion is teaching, for more than fifteen years she has found herself increasingly drawn to administrative roles. Garrido has served as senior editor of *Human Development Magazine* and is the author of seven books, including *Redeeming Conflict* and the award-winning *Redeeming Administration*. She travels nationally and internationally doing conflict education and mediation work in both the business and church worlds. Garrido lives in Florida.

