



Transformed by God's Word
*Discovering the Power of Lectio
and Visio Divina*
By **Stephen J. Binz**
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Catholicism/Spirituality
Also available as an eBook

*"This skillful melding of
lectio and visio divina
helps the reader personally
engage God's Word and
be shaped by its power.
Prepare to be blessed!"*

SARAH CHRISTMYER
Codeveloper and author of
*The Great Adventure Catholic Bible
Study Program*

BOOK ANNOUNCEMENT

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BINZ COMBINES PRACTICES OF *LECTIO* AND *VISIO DIVINA* IN NEW BOOK

NOTRE DAME, Ind.—Bestselling author and biblical scholar Stephen J. Binz presents the first book to combine the ancient Western practice of *lectio divina* (sacred reading) with the lesser-known Eastern Orthodox tradition of *visio divina* (sacred seeing). Binz offers a life-changing way to pray through twenty Gospel readings paired with beautiful, never-before-published, contemporary icons.

Contemplation is more difficult than ever during this digital age and Binz offers a proven and profound way to cut through the noise and pray the Gospels. He walks readers through six steps: reading, seeing, meditating, praying, contemplating, and acting. Binz also provides simple suggestions for self-reflection that can lead to practical changes in everyday life.

The book's twenty Bible passages—starting with the Annunciation and ending with Pentecost—are paired with full-color icons of each story. The original, never-before-published icons written by Ruta and Kaspars Poikans, are displayed in the Unity Chapel at the Mary of Nazareth International Center in Israel.

ABOUT THE AUTHOR

Stephen J. Binz is a popular Catholic speaker, biblical scholar, psychotherapist, and an award-winning author of more than forty books on biblical theology, commentary, and spirituality.

Binz is former director of Little Rock Scripture Study and former editor of *God's Word Today* magazine. His books include: *Scripture—God's Handbook for Evangelizing Catholics*, *Threshold to God's Word*, *Conversing with God in Scripture*, *Saint Peter: Flawed, Forgiven, and Faithful*, and *Panorama of the Bible*. Binz has earned three first-place awards from the Association of Catholic Publishers and also first- and second-place awards from the Catholic Press Association for his work. He often leads tours and pilgrimages to biblical lands. He and his wife, Pamela D. Pike, live in Baton Rouge, Louisiana.



Ruta and Kaspars Poikans write icons and create frescoes, mosaics, sculptures, and liturgical furnishings in their Saint Luke Workshop at Notre Dame des Dombes Abbey in France.