

# Handout 4A

Name \_\_\_\_\_

## Journal Reflection: My Confirmation

1. If you have already been confirmed, what name did you choose for your Confirmation name? Why did you choose this name? If you haven't already been confirmed, what name do you think you will choose for your Confirmation name? Why?
  
2. If you have already been confirmed, who was your Confirmation sponsor? Why did you choose this person? If you haven't already been confirmed, who do you think you will choose to be your sponsor? Why?
  
3. Review either the Nicene Creed or the Apostles' Creed. Select one belief about which you have questions. Read about this belief in a Catholic encyclopedia, book, dictionary, or online website. Write a summary of what you learned about this belief.

Belief:

Summary:



# Handout 4C

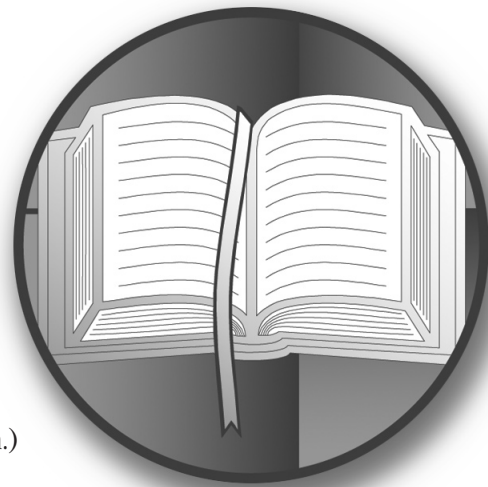
Name \_\_\_\_\_

## Journal Reflection: How I Have Changed

1. Think about how you pray now and how you prayed as a small child. How has your prayer changed?
2. How has your relationship with God the Father changed, grown, matured since you were a small child?
3. How has your relationship with God the Son changed, grown, matured since you were a small child?
4. How has your relationship with God the Holy Spirit changed, grown, matured since you were a small child?

# Handout 4D

Name \_\_\_\_\_



## Bible Activity: Confirmation Readings

1. Read the passages and select one in each group that “speaks to you” about the meaning of this sacrament.

### First Reading

- \_\_\_ Isaiah 11:1–4a (God’s Spirit will rest on the Messiah.)
- \_\_\_ Isaiah 61:1–3a, 6a, 8b–9 (God gives his anointed one a special mission.)
- \_\_\_ Ezekiel 36:24–28 (God will put a new Spirit in us.)
- \_\_\_ Joel 2:23a, 26–30a (In the messianic age, God will pour out his spirit on all people.)

### Second Reading

- \_\_\_ Acts 1:3–8 (The Holy Spirit will empower you to be my witness.)
- \_\_\_ Acts 8:1, 4, 14–17 (They laid hands on them, and the Holy Spirit came upon them.)
- \_\_\_ Romans 5:1–2, 5–8 (The Spirit has poured God’s love into our hearts.)
- \_\_\_ Romans 8:14–17 (The Spirit confirms that we are children of God.)

### Gospel

- \_\_\_ Matthew 5:1–12a (Blessed are those who are poor in spirit.)
- \_\_\_ Luke 4:16–22a (God’s Spirit is upon me.)
- \_\_\_ John 14:15–17 (God’s Spirit will be with you always.)
- \_\_\_ John 16:5b–7, 12–13a (The Spirit will lead you to all truth.)

2. Write a paragraph, based on these readings, that explains what Confirmation means to you.

# Handout 4E

Name \_\_\_\_\_

## Research Activity: Parish and Diocese

1. Using the Internet, a Catholic Almanac, or the Official Catholic Directory, find out about the bishop of your diocese, where he is from, and when he was assigned to your diocese.

What I learned about my bishop:

2. Find out the answers to these questions:

- How many Catholics are in your diocese?
- What is the largest parish? How many people are in it?
- What is the smallest parish? How many people are in it?
- Where is the cathedral (church of the bishop) located?
- Which parish is farthest away from the cathedral? How far is it?

3. On a separate sheet of paper, draw a map of your diocese that shows all the parishes and where they are located.

# Handout 4F

Name \_\_\_\_\_

## Research Activity: Christian Martyrs

The saint or Christian hero who was a martyr:

Summarize this person's life and how he or she died.

Write a paragraph about what you have learned about Christian witness from this person.