



BOOK ANNOUNCEMENT

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CATHOLIC MUSICIAN OFFERS ADVICE TO YOUNG WOMEN ON FINDING PURPOSE IN LIFE

NOTRE DAME, Ind.—Many young women struggle with insecurities and feel bogged down by the pressures and expectations of society. It becomes challenging to take care of themselves and be a faithful follower of Christ.

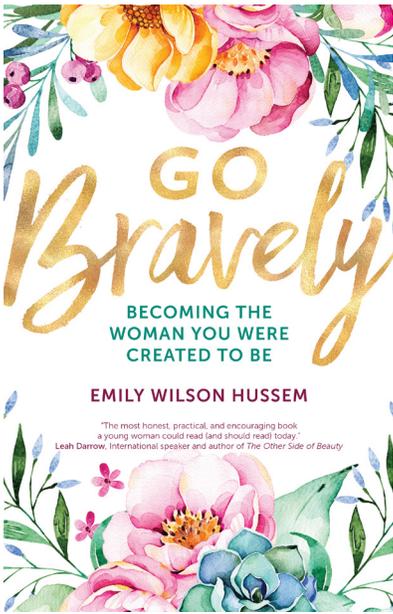
Emily Wilson Hussem used to feel the same way, but in turning to her Catholic faith, she was able to find purpose and strength. In *Go Bravely*, the Catholic musician and speaker offers twenty bits of advice to equip young women to tackle concerns about relationships, self-esteem, and dating while strengthening their faith at the same time.

In *Go Bravely*, Wilson Hussem offers readers warm and friendly encouragement as she shares her experiences with other young women as their youth minister. She also shares her own struggles with insecurity, relationships, loving and forgiving herself, and living her faith. She challenges readers to be a light in the world while simultaneously offering easy-to-digest advice on their most pressing questions.

Fresh off figuring out who she is as a daughter of God, how to cultivate healthy friendships, how to save sex for marriage, and how to develop a prayer life, Wilson Hussem explains what she learned in the midst of becoming a young woman. Aware of the information overload that young people face today, she shares simple wisdom for bravely living out faith. A book that can be read in short snippets or in one sitting, *Go Bravely* offers readers the encouragement and tools needed to live their Christian faith with purpose and zeal.

ABOUT THE AUTHOR

Emily Wilson Hussem is an international Catholic speaker, author, and musician who travels full-time to share her faith at numerous women's conferences and with youth and young adults at events such as Life Teen and Steubenville conferences and at parishes, dioceses, and schools. She is the author of *I Choose the Sky*.



Go Bravely

*Becoming the Woman
You Were Created to Be*

By **Emily Wilson Hussem**

ISBN: 978-1-59471-825-0

160 pages • \$13.95

Christian Living/Young Adult

Also available as an eBook.

"While sharing the vision of where God wants you to be, Go Bravely reminds you over and over again that you are and will always be loved. If you long to pursue God with your whole heart, this book will help you move forward on that journey."

LISA BRENNINKMEYER

Author, speaker, and founder
of Walking with Purpose

"Go Bravely is the most honest, practical, and encouraging book a young woman could read (and should read) today."

LEAH DARROW

International speaker and author of *The Other Side of Beauty*
