



**Seasons in My Garden**  
*Meditations from a Hermitage*  
By Sr. Elizabeth Wagner  
ISBN: 978-1-59471-634-8  
256 pages • \$16.95  
Catholicism/Spirituality  
**Also available as an eBook**

*“Walking with Elizabeth Wagner through Seasons in My Garden is to understand what it means to live a contemplative life. Eliciting wisdom from her encounters with Maine’s red apples, peach trees, English Roses, and even intractable Japanese beetles, she meditates on nature with the same mindfulness that she uses to consider scripture.”*

**Judith Valente**  
Author of *Atchison Blue*

## BOOK ANNOUNCEMENT

---

To schedule media interviews, or to request images or review copies, contact:

**STEPHANIE A. SIBAL, PUBLICIST**

800.282.1865 x206 | sibal.1@nd.edu

Ave Maria Press, Inc., P.O. Box 428 Notre Dame, IN 46556

A Ministry of the United States Province of Holy Cross

## TENDING THE INNER GARDEN CAN LEAD TO A PATH TOWARD GOD

---

**NOTRE DAME, Ind.**—In *Seasons in My Garden*, award-winning writer Sr. Elizabeth Wagner reveals how tending to a garden in her Maine hermitage brought her to a deeper understanding of what it means to have faith, love others, and hope in the mercy of God. Her keen eye for the most intricate details of nature will help readers find a path that brings them closer to God as well.

*Seasons in My Garden* is a thought-provoking series of meditations, written as Sr. Wagner watched her own monastic garden progress through the seasons. Her reflections invite readers to look over her shoulder as she tends to her beautiful garden and meditates on the mysteries of God’s creation and how it corresponds with her own life.

In this captivating book, readers will relate to Sr. Wagner as she struggles with feelings of a cold heart—just as her garden lay frozen under a foot of snow—and realizing that God was working to renew her spirit. As sudden storms threatened to destroy her hard work, Sr. Wagner will help readers understand that careful preparation of the soul will help resist the temptation to resent others.

*Seasons in My Garden* intricately weaves insights from Sr. Wagner’s own growth through the seasons with spiritual guidance and an understanding that patient tending to the soul will help readers grow into a beautiful garden that God can use to reflect his glory.

## ABOUT THE AUTHOR

---

Sr. Elizabeth Wagner lives a contemplative life at Transfiguration Hermitage, which she founded in Maine as a semi-eremital community devoted to prayer and solitude following the Rule of St. Benedict. Sr. Wagner is a hermit, award-winning writer, spiritual director, and retreat leader. She is also formation director, gardener, and groundskeeper of the hermitage.

