



BOOK ANNOUNCEMENT

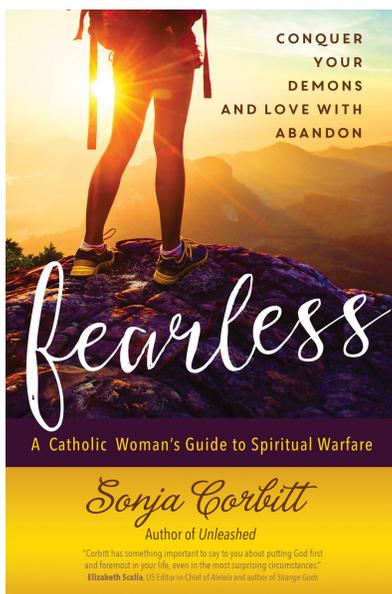
To schedule media interviews, or to request images or review copies, contact:

Stephanie A. Sibal, Publicist

800.282.1865 x206 | sibal.1@nd.edu

Ave Maria Press, Inc., P.O. Box 428 Notre Dame, IN 46556

A Ministry of the United States Province of Holy Cross



NEW BOOK EXPLORES SACRAMENTAL EXPERIENCE OF CAREGIVING

NOTRE DAME, Ind.—The term “spiritual warfare” conjures images of heavenly battles between archangels and demons, but popular Catholic speaker and author Sonja Corbitt insists that there is a realm of spiritual warfare that is more domestic than it is cosmic—in the trenches of dirty bathrooms, fighting children, irritable spouses, the struggle to stop smoking or overeating, crazy schedules, and overwhelming workloads.

Corbitt believes that the anxiety, stress, and fear people experience in life are the direct result of everyday battles against sin and temptation. In *Fearless*, she equips readers with the tools to restore spiritual well-being and takes them deep into scripture and the spiritual practices of the Church in order to show how to resist the avalanche of temptations that can lead to paralyzing anxiety and fear. Through her powerful personal story and teaching, Corbitt demonstrates how to put on the armor of Christ and learn to live fearlessly, love with abandon, and embrace life with confidence.

She offers scriptural tools that help readers understand and conquer the demons of sin, Satan, self, and sloth and recognize the methods the devil uses to keep them enslaved. Corbitt immerses readers in a profound contemplation of love, which is the only possible weapon against the spirit of fear.

Each chapter contains features that will make it a popular resource for personal and group study: review notes, an invitation to prayer, and a series of probing questions (called God Prompts) that encourage readers to explore the content in a deeply personal way. *Fearless* offers encouragement to those who are anxious or fearful about the future and who seek a spiritual solution.

Fearless

*Conquer Your Demons
and Love with Abandon*

By Sonja Corbitt

ISBN: 978-1-59471-693-5

256 pages • \$15.95

Also available as an eBook.

“Corbitt has something important to say to you about putting God first and foremost in your life, even in the most surprising circumstances.”

ELIZABETH SCALIA

US editor-in-chief of *Aleteia* and
author of *Strange Gods*

ABOUT THE AUTHOR

Sonja Corbitt is a dynamic Catholic author, speaker, and broadcaster who has produced several high-impact, uplifting multimedia Bible studies, including *Soul of the World*, *Fearless*, and *Ignite*. She is the author of *Unleashed*, which was also featured on CatholicTV as a thirteen-part Bible study series. Corbitt is the host of *Pursuing the Summit* on Breadbox Media.

